

## Judith A. LeFevre-Levy, Ph.D.

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### Professional Summary

Dr. Judith A. LeFevre-Levy has worked in the area of development and aging. She has researched environmental and biological predictors of behavior and aging in both human and animal populations. Dr. LeFevre-Levy has used an experience sampling technology to study work experience, mood, and cognitive and social behavior in humans as they occur during everyday life. She has also done clinical research on Alzheimer's patients and clinical work with adolescent and geriatric populations in psychiatric outpatient clinics and a community-based outreach program. Dr. LeFevre-Levy also carried out longitudinal investigations of biological and behavioral changes in animals to identify environmental and behavioral predictors of biological aging. Dr. LeFevre-Levy was on the faculty of the University of Southern California.

### Education

- Ph.D., Human Development, The University of Chicago
- M.A., Human Development (with honors), The University of Chicago
- B.A., Psychology, New College, Honors Division of the University of South Florida

### Professional Experience

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| 1988 – 1992 | Assistant Professor of Psychology and Gerontology, University of Southern California  |
| 1986 - 1987 | Clinical Trainee, Adolescent Assessment and Treatment, Adolescent Clinic, Psychosomatic and Psychiatric Institute, Michael Reese Hospital, Chicago, |

## Illinois

- 1985 – 1986 Co-Director, Research on the Roots of Success and Failure in Talented Adolescents, The University of Chicago
- 1984 – 1985 Clinical Trainee, Geropsychiatric Assessment and Treatment, Geropsychiatric Clinic, The University of Chicago
- 1984 – 1985 Co-leader, Family Group for Relatives of Patients with Alzheimer’s Disease, Geropsychiatric Clinic, Billings Hospital, University of Chicago
- 1982 – 1984 Clinical Trainee, Elderly Support Project, School for Social Service Administration, The University of Chicago
- 1980 - 1981 Research Assistant, Clinical Trials of the Effect of Cholinergic Drugs in the Treatment of Alzheimer-like Dementia, Illinois State Psychiatric Institute

## Professional Honors

- Brookdale Foundation National Fellowship, Brookdale National Foundation, New York, New York, 1989 – 1992
- National Institute of Mental Health Postdoctoral Fellowship in Adolescence, 1986 – 1988
- Robert J. Havighurst Prize for the outstanding dissertation in adult development and aging, University of Chicago, 1986
- Robert Kahn Memorial Fund Research Award, University of Chicago, 1986
- National Institute on Aging Predoctoral Fellowship in Adult Development and Aging, 1978 – 1981, 1984 – 1985
- National Institute of Mental Health Predoctoral Fellowship in Psychiatry, 1983 – 1984
- Nominee, Searle Fellowship, University of Chicago, 1981
- Morton-Murphy Award given for organization of a university-wide conference, Women and the University, University of Chicago, 1981
- Fellowship for the study of the biology of aging, University of Southern California, 1976

## GRANTS

- Sexual Arousal and Behavior in Couples During the Perimenopause. Biomedical Research Support Grant, University of Southern California
- Social and Endocrine Influences on Behavior of Couples During Menopause. Institute for the Study of Women and Men Faculty Summer Grant, University of Southern California
- Behavioral Reproductive Senescence in the Female Rat. Faculty Research and Innovation Fund, University of Southern California

## Publications

- Hedricks, C., Ghiglieri, M., Church, R.B., LeFevre, J. & McClintock, M.K. 1994 "Hormonal and Ecological Contributions Toward Interpersonal Intimacy in Couples." *Annals of the New York Academy of Sciences*, 709: 207-209.
- Church, R.B., C. Hedricks, LeFevre, J. & McClintock, M.K. 1993 "The Importance of Environmental Context in Mood and Cognitive Changes During the Menstrual Cycle." In D. Golgert (Ed.) *Proceedings from the Ninth Conference of the Society for Menstrual Cycle Research. Mind-body Rhythmicity: A Menstrual Cycle Perspective*, Seattle, Washington: Hamilton and Cross, pp. 41-49.
- LeFevre, J. & McClintock, M.K. 1991 "Social Modulation of Behavioral Reproductive Senescence in Female Rats." *Physiology and Behavior*, 52: 603-608.
- LeFevre, J. & McClintock, M.K. 1991 "Isolation Accelerates Reproductive Senescence in Female Rats." *Hormones and Behavior*, 25: 258-272.
- LeFevre, J., Hedricks, C., Church, R.B. & McClintock, M.K. 1990 "Psychological State and Social Behavior of Couples During a Menstrual Cycle: 'On-the-spot' Sampling from Everyday Life." In: A. Dan and L. Lewis (Eds.), *Menstrual Cycle Health*. Champaign: University of Illinois Press, pp. 75-82.
- Csikszentmihalyi, M. & LeFevre, J. 1989 "Optimal Experience in Work and Leisure." *The Journal of Personality and Social Psychology*, 56: 815-822.
- LeFevre, J. & McClintock, M.K. 1988 "Reproductive Senescence in Female Rats: A Longitudinal Study of Individual Differences in Estrous Cycles and Behavior." *The Biology of Reproduction*, 38:789-790.

- LeFevre, J. 1988 "Flow and the Quality of Experience During Work and Leisure." In: M. Csikszentmihalyi and I. Selega Csikszentmihalyi (Eds.), *Optimal Experience: Psychological Studies of Flow in Consciousness*. Cambridge: Cambridge University Press, 307-318.
- Church, R.B., Marquette, L.D, LeFevre, J., Hedricks, C. & McClintock M.K. 1986 "Changes in Psychological States During the Human Menstrual Cycle." In F. Massimini and P. Inghilleri (Eds.), *The Daily Experience Theory and Method of Analysis*. Milano, Italy: Franco Angeli s.r.l., pp. 359-368.
- LeFevre, J. 1985 "Caring for the Disabled Elderly: Alzheimer's Disease as a Prototype." *The Chicago Theological Seminary Register*, 64(3): 28-36.

## Papers and Presentations

- LeFevre, J. 1991 "Sexuality of Mid-life Women." Brookdale National Conference. Garden City, New York.
- Church, R.B., Hedricks, C., LeFevre, J. & McClintock, M.K. 1991 "The Importance of Environmental Context in Mood and Cognitive Changes During the Menstrual Cycle." Society of Menstrual Cycle Research, Seattle, Washington.
- LeFevre, J. & McClintock, M.K. 1989 "Decline in the Temporal Coordination of Estrous Cycle Components During Aging." The 42nd Annual Meeting of the Gerontological Society of America, Minneapolis, Minnesota.
- LeFevre, J. & Csikszentmihalyi, M. 1989 "Play in Work: The Flow Experience." Human Resource Management and Organization Behavior Conference, Boston, Massachusetts.
- Csikszentmihalyi, M. & LeFevre, J. 1987 "Optimal Experience in Work and Leisure." The Fifth Canadian Research Conference, Halifax, Nova Scotia.
- LeFevre, J. & Csikszentmihalyi, M. 1986 "The Effects of Environmental Structure on Psychological Well-being." The 94th Annual Convention of the American Psychological Association, Washington, D.C.
- LeFevre, J. & McClintock, M.K. 1986 "A Longitudinal Study of Reproductive Behavior in Female Rats: Grouping Delays Aging." The 39th Annual Meeting of the Gerontological Society of America, Chicago, Illinois.
- LeFevre, J. & McClintock, M.K. 1986 "Changes in Lordosis Reflex During the Lifespan of Norway Rats." The Conference on Reproductive Behavior, Montreal, Canada.

- Hedricks, C., Church B., LeFevre, J. & McClintock, M.K. 1985 “Changes in Psychological States of Couples During a Menstrual Cycle: ‘On-the-Spot’ Sampling From Everyday Life.” Conference on Reproductive Behavior. Asolimar, California.
- LeFevre, J., Hedricks, C., Church, R. & McClintock, M.K. 1985 “Psychological and Social Behavior in Couples Over a Menstrual Cycle.” The Sixth Conference of the Society for Menstrual Cycle Research, Galveston, Texas.
- LeFevre, J. & McClintock, M.K. 1983 “Predictors of the Pattern of Reproductive Senescence in Female Rats.” The 36th Annual Meeting of the Gerontological Society of America, San Francisco, California.
- LeFevre, J. & McClintock, M.K. 1982 “Individual and Social Predictors of the Longitudinal Pattern of Reproductive Senescence in the Female Rat.” The Eastern Board Reproductive Conference, East Lansing, Michigan.

## Professional Associations

- President, LeFevre Family Association, Huguenot Historical Society, New Paltz, New York, 2007 – current
- Treasurer, Friends of Wayland Youth and Family Services, Wayland, Massachusetts, 2008—2009
- President, Friends of Wayland Youth and Family Services, Wayland, Massachusetts, 2007 – 2008
- Director, Older Girl Programming, Wayland Girl Scouts, Wayland, Massachusetts, 2004 – 2009
- Service Team, Wayland Girl Scouts, Wayland, Massachusetts, 2004 - 2009
- Troop leader, Girl Scout Troop 3166, Wayland, Massachusetts, 1997 -2009
- Editor and Production Manager of Loker School Newspaper, Wayland, Massachusetts, 1996 -2000
- Creative Writing Workshop Leader, Loker School, Wayland, Massachusetts, 1996 - 1998